

# Cardinal Heath™ Sure Care™ Protective Underwear

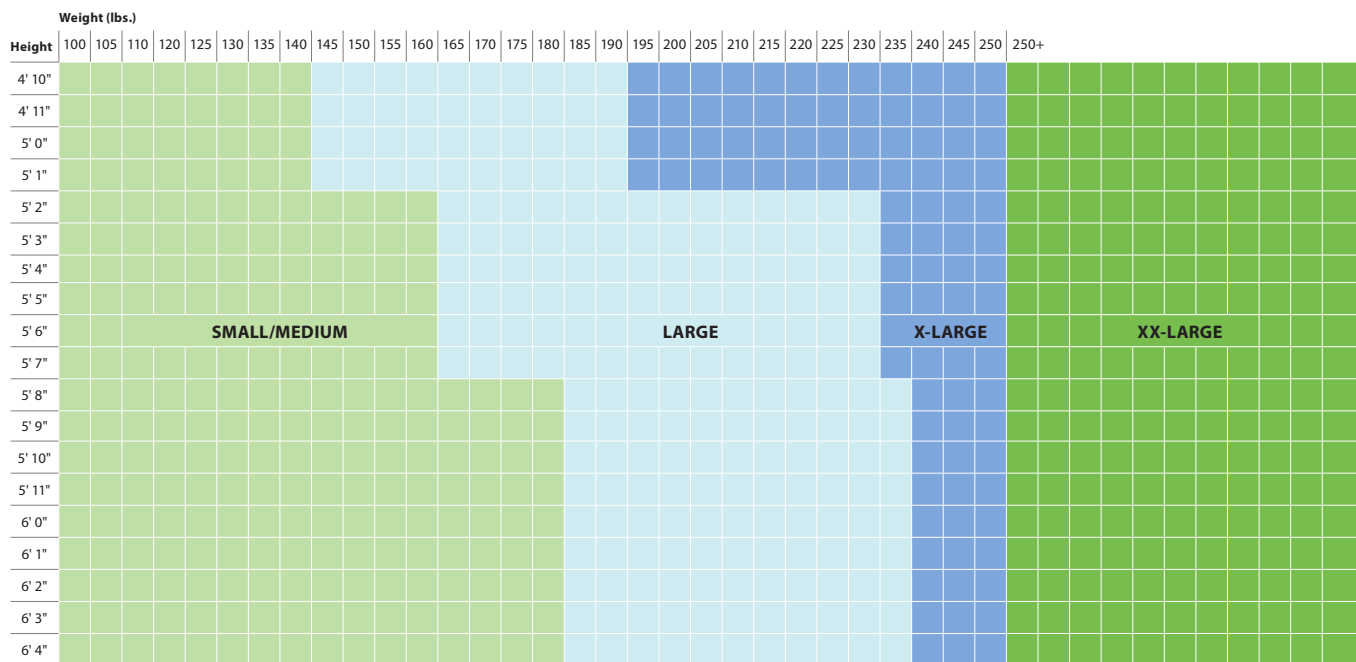
## For confidence and comfort with dignity.

Choose the right product to manage incontinence



### Underwear sizing guide

Selecting the appropriate underwear size ensures comfort, leakage protection and dignity.



The underwear sizing guide is to be used as a guideline only. Waist and/or hip measurements should be taken to ensure proper sizing. Allowances must be made for gender and certain conditions such as hernias, amputations, etc. Clinical assessment is recommended for anyone over 250 lbs.

**Note:** Sizing is extremely important. Inappropriate size or improper application can result in leakage.

### Underwear sizing key

Grid	Size	Waist	Elastic color
Light Green	Small/Medium	34"-46"	2 Green strands
Light Blue	Large	44"-54"	2 Blue strands
Dark Blue	X-Large	48"-66"	4 Blue strands
Dark Green	XX-Large	60"-80"	9 Green strands

### Instructions:

- Pinpoint your height and weight (lbs.) on the sizing grid
- Match the color on the grid to the color on the key to obtain the appropriate protective underwear size



## Adult brief sizing guide

Height	Weight (lbs.)																																																	
	85	90	95	100	105	110	120	125	130	135	140	145	150	155	160	165	170	175	180	185	190	195	200	205	210	215	220	225	230	235	240	245	250	255	260	265	270	275	280	285	290	295	300	300+						
4' 10"	Green										Orange										Blue										Beige										Green									
4' 11"	Green										Orange										Blue										Beige										Green									
5' 0"	Green										Orange										Blue										Beige										Green									
5' 1"	Green										Orange										Blue										Beige										Green									
5' 2"	Green										Orange										Blue										Beige										Green									
5' 3"	Green										Orange										Blue										Beige										Green									
5' 4"	Green										Orange										Blue										Beige										Green									
5' 5"	Green										Orange										Blue										Beige										Green									
5' 6"	YOUTH					SMALL					MEDIUM										LARGE										X-LARGE										XX-LARGE									
5' 7"	YOUTH					SMALL					MEDIUM										LARGE										X-LARGE										XX-LARGE									
5' 8"	Orange										Blue										Beige										Green																			
5' 9"	Orange										Blue										Beige										Green																			
5' 10"	Orange										Blue										Beige										Green																			
5' 11"	Orange										Blue										Beige										Green																			
6' 0"	Orange										Blue										Beige										Green																			
6' 1"	Orange										Blue										Beige										Green																			
6' 2"	Orange										Blue										Beige										Green																			
6' 3"	Orange										Blue										Beige										Green																			
6' 4"	Orange										Blue										Beige										Green																			

BARIATRIC

## Adult stretch brief sizing guide

Height	Weight (lbs.)																													
	90	100	110	120	130	140	150	160	170	180	190	200	210	220	230	240	250	260	270	280	290	300	300+							
4' 10"	Blue										Beige										Green									
4' 11"	Blue										Beige										Green									
5' 0"	Blue										Beige										Green									
5' 1"	Blue										Beige										Green									
5' 2"	Blue										Beige										Green									
5' 3"	Blue										Beige										Green									
5' 4"	Blue										Beige										Green									
5' 5"	Blue										Beige										Green									
5' 6"	SIZE 1										SIZE 2										SIZE 3									
5' 7"	SIZE 1										SIZE 2										SIZE 3									
5' 8"	SIZE 1										SIZE 2										SIZE 3									
5' 9"	SIZE 1										SIZE 2										SIZE 3									
5' 10"	SIZE 1										SIZE 2										SIZE 3									
5' 11"	SIZE 1										SIZE 2										SIZE 3									
6' 0"	SIZE 1										SIZE 2										SIZE 3									
6' 1"	SIZE 1										SIZE 2										SIZE 3									
6' 2"	SIZE 1										SIZE 2										SIZE 3									
6' 3"	SIZE 1										SIZE 2										SIZE 3									
6' 4"	SIZE 1										SIZE 2										SIZE 3									

### Instructions:

- Pinpoint your height and weight (lbs.) on the sizing grid
- Match the color on the grid to the color on the key to obtain the appropriate brief size

### Brief sizing key

Grid	Size	Waist	Brief color
Green	Youth	20"-31"	Green
Orange	Small	20"-31"	Peach
White	Medium	32"-44"	White
Blue	Large	44"-58"	Blue
Beige	X-Large	59"-64"	Beige
Green	XX-Large	65"-78"	Green
White	Bariatric	74"-100"	White

### Stretch brief sizing key

Grid	Size	Waist	Brief color
Blue	Size 1	32"-54"	Blue
Beige	Size 2	44"-64"	Beige
Green	Size 3	65"-78"	Green

The adult brief and stretch brief sizing guide is to be used as a guideline only. Waist and/or hip measurements should be taken to ensure proper sizing. Allowances must be made for gender and certain conditions such as hernias, amputations, etc. Clinical assessment is recommended for anyone over 250 lbs.

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