

## VERSATILITY THAT FITS YOUR NEEDS

Find relief with our Hot/Cold Sleeve featuring a soft, pliable gel lining. The soothing gel provides a snug and comfortable fit that conforms to the contours of your body. Slip on design contours comfortably around knee or elbow. Also can be used on shin, thigh, forearm and other limb locations or held flat as a hot/cold pad anywhere on the body to provide the perfect therapeutic relaxation or healing.



### 3 WAYS TO WEAR!



**1**  
Knee



**2**  
Elbow



**3**  
Shin



Contrast therapy



Help reduce swelling in joints



Recovery post surgery



Relieves pain from arthritis



Provides mild compression



Cold therapy helps reduce pain transmission to the brain



May wear with light bandages



Versatile fit and maximum comfort



### PRODUCT INFORMATION AND SIZES AVAILABLE

31615 SMALL/MEDIUM (12"-16" circumference)

31616 LARGE/XLARGE (17"-22" circumference)

MSRP \$24.99

Material Content:  
Cover: 82% Nylon, 18% Spandex  
Inside: PU Gel



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